

This response was submitted to the consultation held by the Nuffield Council on Bioethics on *Public Health: ethical issues* between May and September 2006. The views expressed are solely those of the respondent(s) and not those of the Council.

Bedford Allergy Support Group

Section 4.5 - Case Study - Supplemental of food and water

- ① The York Review did NOT claim benefits for fluoridation.
  - ② Dental fluorosis is a SIGNIFICANT problem.
  - ③ There is a clear association, and sufficient evidence to establish the link between fluoridation and ill health.
  - ④ Personal experiences and such research has led us to our convictions.
- and we quote: -

**Paul Hindess**

I grew up in an unfluoridated area of the UK and enjoyed excellent health throughout my childhood. When I attended university in Coventry and later when I lived in Bedford my health in general was mysteriously poor. After years of investigation (seeing many doctors and doing much research of my own) I eventually discovered the cause - both Coventry and Bedford are fluoridated. I now drink only bottled water (a begrudged expense) as I still live in Bedford, but at least I have seen a return to my previous good health. I sincerely hope fluoridation of public water supplies is abandoned imminently. Its severe cumulative toxic effects are quickly discovered with only brief research.

**Alliss Terpstra RNCP**

I am one of the first generation to be fluoridated as I was born in Grand Rapids Michigan in 1952. Like millions of Americans my age, I am now fluoride poisoned with bone damage, thyroid disease and kidneys that can no longer excrete fluoride properly. My siblings are also fluoride poisoned. We all had decayed teeth with numerous fillings so it didn't help us at all. Our kids have dental fluorosis and cavities, so it hasn't helped them either. Stop this insanity before another generation gets poisoned.

Sent from Bedford Allergy Support Group (BASG)  
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